



February News from IRCT

IRCT remains busy on many fronts, advocating for the right to recovery from childhood trauma through sharing of information, our best practice forums, lobbying activities and strategic partnerships.

We continue to plan future Best Practice Forums to share up to date research, theory and intervention related to the recovery from childhood trauma, and look forward to sharing our busy program for 2026!

Events ★

There's still time to join our webinar next Wednesday! Book now via eventbrite.

WEBINAR

A Body and Mind Approach to Trauma Recovery

Wednesday 18th February 2026
3pm - 5pm

A Body and Mind Approach to Trauma Recovery

18 February 2026

3pm - 5pm

Zoom - Tickets £10

Lead by Jay Vaughan, MBE & CEO of Family Futures, this experiential webinar will provide practical activities you can include in your practice and/or daily life and increase your understanding of:

- The impact of trauma, focusing on physiological, sensory and somatic
- Integrating body based work into talking therapies
- Your own stress responses and heighten awareness of triggers
- Resourcing yourselves and take care of your bodies and nervous systems

Please share with friends, colleagues and peers. If you're unable to make the date, those who have registered will receive a recording of the session afterwards to watch.

[Buy your ticket](#)



Relational Practice in

Relational Practice in Action Conference 2026

Thursday 25th June 2026

Headington Campus, Oxford Brookes University

Relational Practice in Action Conference 2026

25.06.2026, In person, Oxford Brookes University

We are pleased to support this one-day event of learning, connection and reflection for professionals supporting children and young people.

Through inspiring keynotes, interactive workshops and cross-sector networking, we'll explore how relational practice strengthens outcomes across education, health, social care and youth justice.

[Visit the website for more information and links to tickets.](#)

Lobbying 🗳️

Children's Wellbeing and School's Bill

IRCT is one of **120+ charities** have united to urge the UK Government to put children's rights at the heart of law and policymaking. We are continuing to work with others to influence debate in the House of Lords for the *Children's Wellbeing and Schools Bill*, by backing amendments that would:



This is a powerful cross-sector call to put children's rights at the heart of UK law — and to ensure that children are no longer an afterthought in policy decisions. You can read more [here](#).

IRCT continues to support the many amendments being tabled by peers currently debating the Children's Wellbeing and Schools Bill. The current amendment being debated is very significant for IRCT given our Campaign to get the right to recovery (Article 39) of the UNCRC incorporated into domestic law.

We are now sharing a new joint briefing for Report Stage coordinated by the Children's Rights Alliance for England, UNICEF UK and NSPCC. This briefing focuses on a single, targeted amendment — **amendment 221**, tabled by Baroness Lister of Burtersett and supported by Lord Meston, Baroness Walmsley and the Lord Bishop of Gloucester — **which would place Child Rights Impact Assessments (CRIAs) on a statutory footing.**

At this stage of the Bill, **we are concentrating our collective efforts on CRIAs as a practical and achievable first step towards stronger UNCRC incorporation.** The amendment would help ensure that children's rights are systematically considered across government decision-making, building on good practice already in place in Wales, Scotland and Jersey. We note in the briefing the Covid-19 Inquiry's recent call for the UK Government to "introduce legislation to place child rights impact assessments on a statutory footing" as this lends significant weight to our arguments.

IRCT has been sharing its [policy document](#) advocating for developments in the understanding and response to childhood trauma. We are grateful to the **Youth Justice Board** who have provided a positive response to our document, backing the changes we are advocating for. [Read the response.](#)

National Trauma Strategy for England – IRCT Calls for Action

Unlike Wales and Scotland, England currently lacks a National Trauma Strategy to support people affected by traumatic experiences. IRCT is partnering with others to campaign for such a strategy, which would raise

partnering with others to campaign for such a strategy, which would raise awareness of trauma's impact on individuals and communities and push for trauma-informed approaches across public services. The organisation is engaging with policymakers—including support from MP Jess Asato to raise the issue in Parliament. [Read the full story](#).

IRCT collaborates with Place2Be

We are working with Place 2 Be to create the beginnings of joined up thinking with regards to supervision of teachers and T/As, and also to share thinking in relation to trauma and trauma recovery. We look forward to keeping you updated as this initiative develops.



Action Against ASGSF Changes *SIGN TO SUPPORT*

IRCT continues to be active in lobbying against changes to adoption support funding changes which will significantly decrease adopted children and their adopted family's access to therapeutic support and the loss of post-placement funding. Please join us in this mission by adding your signature to the link below.

Some details of how these changes will impact adopted children are explained in the links below.

<https://www.facebook.com/share/v/1AQPYrf7vo/?mibextid=wwXlfr>
<https://www.facebook.com/share/v/17GpGedKxW/?mibextid=wwXlfr>

[Click here to add your signature](#)

Tick the Box Campaign

IRCT are supporting The Alliance for Children in Care and Care Leavers campaign to encourage young people who are care experienced to exercise their right to additional educational support. [Read more about the campaign.](#)



Education

Supporting the launch of the Supervision in Education Quality Standards Framework

On the 1st October Dr Jon Reid, IRCT Vice Chair, presented a paper at the launch of the [Supervision in Education Quality Standards Framework](#) at St Mary's University. The event was well attended and Jon had the opportunity to discuss the importance of supervision for teachers with the Department for Education Lead for Teacher Wellbeing.

Jon's paper explored the introduction of supervision in schools in a local authority near Oxfordshire. His book chapter, Supervision for SEN Practitioners has also recently been accepted for an edited Routledge publication. This week Jon attended the Marmot Place Advisory Group Meeting at Oxfordshire County Council, hosted by [Sir Micheal Marmot](#). Oxfordshire has partnered with UCL Institute of Health Inequality as part of [The Marmot Place Programme](#).

Jon is currently supporting Oxford Brookes University and University of Oxford Social Sciences Division to develop future research projects as part of the [Policy Lab Project](#). In the afternoon he attended the launch of the [Oxfordshire County Council 2025-2030 Research Strategy](#) and was invited to participate in a panel discussion to explore the role of research in Local Government (including why research is important for Oxfordshire).

More updates to follow in the coming months.

Trustee updates

We are sad to say goodbye to IRCT trustees Jon Fayle and James McAllister. Jon and James have been invaluable contributors to the charity for many years and we would like to say a huge thank-you to them both for all their contributions and would like to wish them well for the future.

IRCT is eager to recruit trustees and volunteers to support our mission to ensure every child has the right to recovery from childhood trauma. Please contact us if you are interested in joining our team. Please contact Sylvia (chair@irct.org.uk) or Chris (chris@irct.org.uk)

Thank you for your ongoing support
The IRCT Trustees

Please like and follow our socials for latest news and insights



Copyright © 2026 Institute of Recovery from Childhood Trauma, All rights reserved.

Our mailing address is:
info@irct.org.uk

Want to change how you receive these emails?
You can update your preferences or [unsubscribe](#)